

# Discover the Book of Mormon Units



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<b>Unit 3:</b> Missionary Work	Ch. 18-19	Ch. 20-21	Ch. 22	Ch. 23-24	Ch. 25-26
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# Unit 1:

# Nephi's Record

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## **The Lessons**

Getting the Book of Mormon  
Lehi Was a Prophet  
Lehi Leads His Family  
Traveling to a Promised Land  
Reviewing the Life of Lehi

## **People to Know**

Lehi and Sariah  
Nephi and his brothers  
Wicked Laban  
Ishmael's family

## **Memory Verses**

James 1:5  
1 Nephi 3:7  
1 Nephi 8:12  
1 Nephi 17:50

## Getting the Book of Mormon (Chapter 1)

### READ AND REVIEW ♦

Read *Book of Mormon Stories*, Chapter 1.

Answer these questions about the story:



1. How did Joseph Smith feel about all of the different religions? \_\_\_\_\_
2. What did he ask Heavenly Father and Jesus when he saw them?  
\_\_\_\_\_
3. Later, an angel named \_\_\_\_\_ appeared to Joseph. What did he tell Joseph to do? \_\_\_\_\_
4. Joseph found \_\_\_\_\_ in the Hill Cumorah.
5. He translated the plates and they became the Book of \_\_\_\_\_.

On the next page, **draw a picture of Joseph Smith** praying about what church to join. Color your picture and hang it someplace where you will see it often. Read and memorize the Memory Verse below.

#### Memory Verse

Joseph Smith liked to study the Bible when he was young. He learned a lot about the life of Jesus. He learned that Heavenly Father loved him and wanted him to know the truth. One day he read a scripture verse in the New Testament. It said that if you lack wisdom, or have an important question, you should ask God for an answer. Joseph had a question about what church to join. Joseph believed God would answer his question. Memorize the verse that Joseph read in the New Testament, the book of James. Don't forget to memorize the scripture reference!

"If any of you lack wisdom, let him ask of God." —James 1:5

“If any of you lack wisdom, let him ask of God.” —James 1:5 ♦ “If any of you lack wisdom, let him ask of God.” —James 1:5

“If any of you lack wisdom, let him ask of God.” —James 1:5 ♦ “If any of you lack wisdom, let him ask of God.” —James 1:5

Draw a picture of Joseph Smith praying about what church to join. Write some words to describe how he felt.

# The Memory Verse I'm Learning Is:

"If any of you lack wisdom,  
let him ask of God."

James 1:5

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## VERSES FROM THE SCRIPTURES ♦

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Joseph Smith knelt in the woods near his home. He saw a light above him in the air. It was Heavenly Father and Jesus Christ. This is what Joseph Smith said about his experience:

*“I saw a pillar of light exactly over my head, above the brightness of the sun, which descended gradually until it fell upon me...When the light rested upon me I saw two Personages, whose brightness and glory defy all description, standing above me in the air. One of them spake unto me, calling me by name and said, pointing to the other—This is My Beloved Son. Hear Him!” —JS History 1:16-17*



## THINK ABOUT THIS! ♦

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Joseph Smith was only fourteen years old when he saw Heavenly Father and Jesus Christ. Can you imagine how Joseph felt when he saw them and they spoke to him? Read the words below and circle the words that describe how you think Joseph felt.

**Calm**

**SCARED**

Happy

Surprised

Peaceful

**TIRED**

## PUZZLES AND GAMES ♦

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Here are some words from the story you read. Can you put them in alphabetical order?

- |           |          |
|-----------|----------|
| Joseph    | 1. _____ |
| Bible     | 2. _____ |
| pray      | 3. _____ |
| angel     | 4. _____ |
| translate | 5. _____ |

a b c d e f g h i j k l m n o p q r s t u v w x y z

## Lehi Was a Prophet (Chapters 2-4)

### READ AND REVIEW ♦

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Read *Book of Mormon Stories*, Chapter 2-4.

Answer these questions about the story:

1. Lehi had visions from God. He spoke the words of God to the people of Jerusalem. He was a \_\_\_\_\_.
2. Lehi left Jerusalem with his family because the Lord told him to in a \_\_\_\_\_.
3. Laman and Lemuel wanted to leave Jerusalem. True or False?
4. Lehi made sacrifices on an \_\_\_\_\_.
5. When Lehi asked Nephi to return for the brass plates, Nephi said:

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### VERSES FROM THE BOOK OF MORMON ♦

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Lehi was a great prophet. He saw many visions. This is what Nephi said of one of his father's visions of Heavenly Father and Jesus Christ:

*“And being thus overcome with the Spirit, he was carried away in a vision, even that he saw the heavens open, and he thought he saw God sitting upon his throne, surrounded with numberless concourses of angels in the attitude of singing and praising their God. And it came to pass that he saw One descending out of the midst of heaven, and he beheld that his luster was above that of the sun at noon-day.”*

—1 Nephi 1:8-9

On the next page, **draw a picture of Nephi** telling his father that he would be obedient when the Lord asked him to do something. Color your picture and hang it up.

“I will go and do the things which the Lord hath commanded.” —1 Nephi 3:7 ♦ “I will go and do the things which the Lord hath commanded.”

“I will go and do the things which the Lord hath commanded.” —1 Nephi 3:7 ♦ “I will go and do the things which the Lord hath commanded.”

Draw a picture of Nephi telling his father that he would be obedient when the Lord asked him to do something.



### Memory Verse

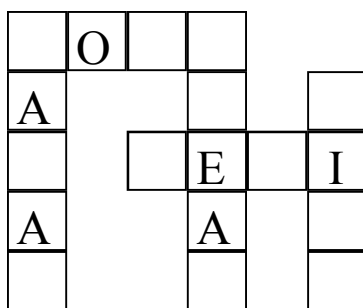
Lehi was a good father. He taught his children to keep the commandments. He taught them to be obedient. When Lehi asked Nephi to return to Jerusalem to get the brass plates, Nephi said yes! Memorize Nephi's words:

"I will go and do the things which the Lord hath commanded." —1 Nephi 3:7

### PUZZLES AND GAMES ♦

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Fill in the crossword puzzle below with these words from Lehi's story:



Lehi  
dream  
Lord  
Laban  
rich

### THINK ABOUT THIS! ♦

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Why do you think the brass plates were so important for Lehi and his family? The Lord wanted them to have the commandments and the words of the prophets to take with them into the wilderness. The brass plates were like scriptures. When we read the words of the prophets in our scriptures today we can learn what God wants us to do. We can feel God's love for us. We can learn to obey the commandments.

Do you think Nephi's idea to exchange all of his gold and silver for the brass plates was a good plan? Why?

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# The Memory Verse I'm Learning Is:

"I will go and do the things which  
the Lord hath commanded."

1 Nephi 3:7

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# Lehi Leads His Family (Chapters 5-6)

## READ AND REVIEW ♦

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**Read** *Book of Mormon Stories*, Chapters 5-6.

**Fill in** the blanks below with the correct answers:

1. Lehi's sons returned to \_\_\_\_\_ to find wives.
2. They married the daughters of \_\_\_\_\_.
3. Lehi and his family had a brass ball called a \_\_\_\_\_.  
It told them which way to travel in the wilderness.
4. The Liahona only worked when Lehi and his family were \_\_\_\_\_.  
It did not work when they were not righteous.

## PUZZLES AND GAMES ♦

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Unscramble the words below from the stories you read:

- |         |       |                                 |
|---------|-------|---------------------------------|
| obw     | _____ | (hint: you hunt with it)        |
| lmeule  | _____ | (hint: Nephi's brother)         |
| phine   | _____ | (hint: a righteous son of Lehi) |
| lahinao | _____ | (hint: it gave directions)      |

**Look at the map** on page 16 of *Book of Mormon Stories*. You have read about picture number 1, "Lehi's family leaves Jerusalem." Think about all of the things that happened to his family after they left Jerusalem. Can you remember some of them? Write your ideas below:

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## VERSES FROM THE BOOK OF MORMON ♦

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*“And it came to pass that I beheld a tree, whose fruit was desirable to make one happy. And it came to pass that I did go forth and partake of the fruit thereof; and I beheld that it was most sweet, above all that I ever before tasted. Yea, and I beheld that the fruit thereof was white, to exceed all the whiteness that I had ever seen.”*

—1 Nephi 8:10-11

The tree that Lehi saw was the Tree of Life. The fruit on the tree was the love of God. People wanted to eat the fruit, or feel the love of God. Lehi also saw a rod of iron leading to the tree. It is the word of God that leads us back to Him.



### Memory Verse

When Lehi partook, or ate, the fruit of the tree, he felt joy. He felt the love of God. Memorize what he said:

“And as I partook of the fruit thereof it filled my soul with exceedingly great joy.” —1 Nephi 8:12

## THINK ABOUT THIS! ♦

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The wilderness that Lehi and his family traveled in was not full of trees and rivers. It was a dry land. It was a desert with little rain and few plants and animals. The Book of Mormon describes it as “barren” or empty. When Lehi and his family were traveling in the wilderness, they didn’t know where the Lord wanted them to go. They wanted to find water and food. Then the Lord gave them the Liahona. How do you think Lehi felt when he found the Liahona? He must have known God loved him and wanted to help his family. He must have been very grateful.

Do you have anything in your life that guides you to make good choices?

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On the next page, draw a picture of Lehi’s dream. Color it and hang it up!

“And as I partook of the fruit thereof it filled my soul with exceedingly great joy.” — 1 Nephi 8:12 ♦

“And as I partook of the fruit thereof it filled my soul with exceedingly great joy.” — 1 Nephi 8:12 ♦

Draw a picture of what Lehi saw in his dream. Don't forget the Tree of Life, the rod of iron, and the great and spacious building!

# The Memory Verse I'm Learning Is:

“And as I partook of the fruit  
thereof it filled my soul with  
exceedingly great joy.”

1 Nephi 8:12

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## Traveling to a Promised Land (Chapters 7-9)

Today you are going to read about Lehi and his family as they travel to the Promised Land. They followed God's directions to build a ship and used faith to travel across the ocean. **Read** *Book of Mormon Stories*, Chapters 7-9.

### THINK ABOUT THIS! ♦

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In this story we learn more about Nephi and his brothers. Sometimes (maybe most of the time), Laman and Lemuel complained. They did not want to build a ship. They did not want to go to a new land. They complained that their father was crazy and their brother was too. The Lord calls this "murmuring." He doesn't want us to murmur when he asks us to do something! Circle the words below that describe what God wants us to do when he gives us a commandment. Cross out the words that describe what Laman and Lemuel did.

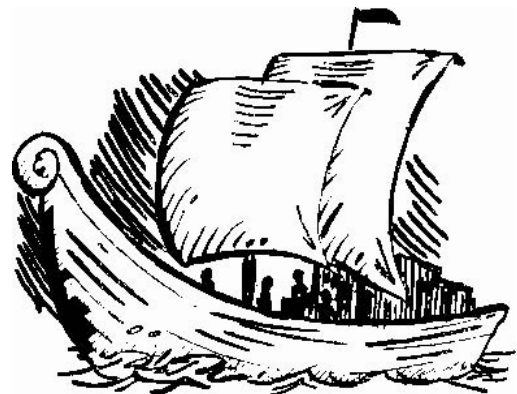
~~MUR~~MUR complain **FEEL JOY** be happy feel loved be lazy  
**work hard** obey feel sad ~~be faithful~~ be angry

Remember God gives us commandments because he loves us. He has promised that if we keep the commandments we will be happy. He will send his Spirit to be with us and guide us. This is how the Spirit feels in your heart: *"The fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith..."* —Galatians 5:22

### VERSES FROM THE BOOK OF MORMON ♦

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*"And it came to pass that the Lord spake unto me, saying: Thou shalt construct a ship, after the manner which I shall show thee, that I may carry thy people across these waters. And I said: Lord, whither shall I go that I may find ore to molten, that I may make tools to construct the ship?"* —1 Nephi 17:8-9



## REVIEW THE STORY ♦

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**Draw a line** from the people to their actions in the story.

Laman and Lemuel	asked God for help to make tools
Nephi	wanted to throw Nephi into the sea
Nephi's children	begged Laman and Lemuel to let Nephi go
The whole family	traveled to the Promised Land
Lehi	blessed his grandchildren before he died

**Answer** these questions about the **LAMANITES** and the **NEPHITES**:

1. The people who followed Nephi were called \_\_\_\_\_.
2. The people who followed Laman were called \_\_\_\_\_.
3. The \_\_\_\_\_ were lazy and did not want to work.
4. The \_\_\_\_\_ worked hard and built a temple.
5. The \_\_\_\_\_ kept the commandments of God.
6. The \_\_\_\_\_ wanted to kill Nephi and his people.

### Memory Verse

Do you remember the other scriptures that you have memorized? Look at them and say them aloud. Then memorize the words that Nephi spoke from your story today:

- ♦ "If any of you lack wisdom, let him ask of God." —James 1:5
- ♦ "I will go and do the things which the Lord hath commanded." —1 Nephi 3:7
- ♦ "And as I partook of the fruit thereof it filled my soul with exceedingly great joy." 1 Nephi 2:12

### New Scripture

"If God had commanded me to do all things I could do them." —1 Nephi 17:50



"I will go and do the  
things which the  
Lord hath  
commanded."

1 Nephi 3:7